



“A merry heart maketh a cheerful countenance...”

Proverbs 15:13a

God Changed Their Lives!

Bill Brinkworth



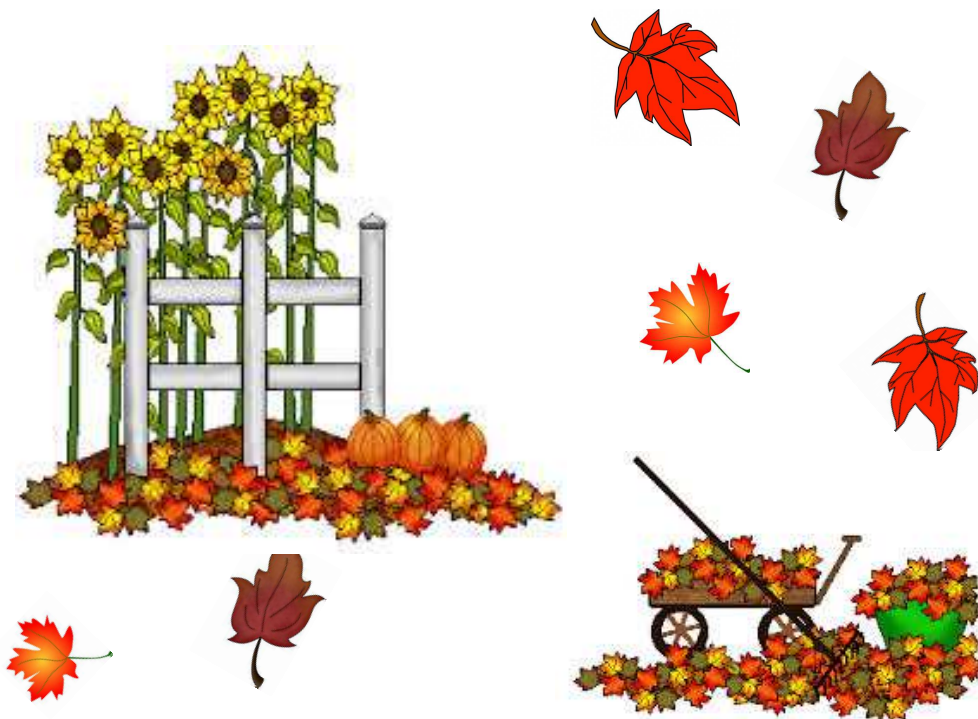
Words to Find:

- |            |           |           |         |
|------------|-----------|-----------|---------|
| Cornelius  | Magdalene | Samuel    | Abraham |
| David      | Maniac    | Saul      | Andrew  |
| DyingThief | Philip    | Zacchaeus |         |
| Apollos    | Jacob     | Publican  |         |
| Bartimaeus | Jailer    | Rahab     |         |
| Centurion  | Leper     | Ruth      |         |

# Lilies of the Valley Newsletter

Luke 12:27-28 "Consider the lilies how they grow"

A Ministry of Blackstone Valley Baptist Church



“He hath made every  
thing beautiful in his time:”

Ecclesiastes 3:11a

# October 2014



## Attention ladies 12 years old and older:

Join us for a Self defense class  
October 18th from 10am-12pm.

Sue LaBarre will be teaching us some practical self-defense moves to help us be prepared in the event of an attack.

Sue is a black belt in Japanese weapons and Tai Kwando and has been teaching for 44 years.

*Things to know before you come:*

If you are going to be wearing a skirt please make sure to wear pants underneath. We will be doing some moves that may be restricted if your skirt is not loose.

A light lunch will be provided.

Don't miss this exciting class!!!

*“Stand fast therefore in the liberty wherewith Christ hath made us free, and be not entangled again with the yoke of bondage.” Galatians 5:1*

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“Trials teach us what we are; they dig up the soil, and let us see what we are made of.”  
—Charles Spurgeon—



*Ladies Prayer Time.  
Tuesday Mornings  
at 10:00a.m.*

## Pumpkin Granola



### Ingredients:

5 cups rolled oats  
1 teaspoon pumpkin pie spice  
1 teaspoon cinnamon  
1/4 teaspoon nutmeg  
3/4 tsp. salt  
3/4 cup brown sugar  
1/2 cup pumpkin puree  
1/4 cup applesauce  
1/4 cup maple syrup  
1 teaspoon vanilla extract  
3/4 cup dried cranberries or any dried fruit  
1/2 cup pepitas or other nuts/seeds

### Directions:

1. Preheat the oven to 325° F. Line a large baking sheet with parchment paper and set aside.
2. In a large bowl, combine oats, spices, and salt. Mix well.
3. In a medium bowl, whisk together brown sugar, pumpkin puree, applesauce, maple syrup and vanilla extract. Whisk until smooth. Pour wet ingredients into oat mixture and stir until the oats are evenly coated. They will be moist. Evenly spread the mixture onto the prepared baking sheet.
4. Bake for 20 minutes. Remove pan from the oven and stir. Bake for an additional 15-20 minutes or until the granola is golden and crisp. Remove from the oven and stir in dried cranberries and pepitas. Let cool completely. Store in an airtight container.

*This would go great with the homemade yogurt recipe from the August Newsletter.*

Taken from <http://www.twopeasandtheirpod.com/>  
Adapted from [Baking Bites](#)

# WHO WERE THEY???



RACHEL

History seems to repeat itself here. Twice a town well at Haran was the site of significant events in one family's story. It was here that Rebekah met Eliezer, Abraham's servant, who had come to find a wife for Isaac. Years later Rebekah's son Jacob returned the favor by serving his cousin Rachel and her sheep from the same well. The relationship that developed between them not only reminds us that romance is not a modern invention, but also teaches us a few lessons about patience and love.

Jacob's love for Rachel was both patient and practical. Jacob had the patience to wait seven years for her but he kept busy in the meantime. His commitment to Rachel kindled a strong loyalty within her. In fact, her loyalty to Jacob got out of hand and became self-destructive. She was frustrated by her barrenness and desperate to compete with her sister for Jacob's affection. She was trying to gain from Jacob what he had already given: devoted love.

Rachel's attempt to earn the unearnable are a picture of a much greater error we can make. Like her, we find ourselves trying somehow to earn love—God's love. But apart from His Word, we end up with one of two false ideas. Either we think we've been good enough to deserve His love or we recognize we aren't able to earn His love and assume that it cannot be ours. If the Bible makes no other point, it shouts this one: God loves us! His love had no beginning and is incredibly patient. All we need to do is respond, not try to earn what is freely offered. God has said in many ways, "I love you. I have demonstrated that love to you by all I've done for you. I have even sacrificed my Son, Jesus, to pay the price for what is unacceptable about you—your sin. Now, live because of my love. Respond to me; love me with your whole being; give yourself to me in thanksgiving, not as payment." Live life fully, in the freedom of knowing you are loved.

<b>Strengths and Accomplishments</b>	<ul style="list-style-type: none"> <li>• She showed great loyalty to her family.</li> <li>• She mothered Joseph and Benjamin after being barren.</li> </ul>
<b>Weakness and mistakes</b>	<ul style="list-style-type: none"> <li>• Her envy and competitiveness marred her relationship with her sister Leah.</li> <li>• She was capable of dishonesty when she took her loyalty too far.</li> <li>• She failed to recognize that Jacob's devotion was not dependent on her ability to have children.</li> </ul>
<b>Lesson from her life</b>	<ul style="list-style-type: none"> <li>• Loyalty must be controlled by what is true and right</li> <li>• Love is accepted not earned</li> </ul>
<b>Key Verse</b>	"And Jacob served seven years for Rachel; and they seemed unto him but a few days, for the love he had to her" Gen 29:20

Taken from the KJV Life Application Study Bible



## Let Your Light Shine

By Ann Shorb

*"Let your light so shine before men, that they may see your good works, and glorify your Father which is in heaven."* Matthew 5:16

Famous Bible teacher J. Vernon McGee wrote, "Being a light means giving out the Word of God in one way or another. This doesn't mean that you should be quoting Scripture all the time, but it does mean that you are to share the light that God has given you. It is very easy to cultivate some person, then quietly and graciously introduce them to a Bible-teaching church or radio program. There are many ways in which you can be light in the world."

It's been a long time since Dr. McGee wrote those words and although he is no longer living on this earth his message is still true and accurate. It's necessary to have that quiet, personal relationship with God, but you must also live openly in such a way that others may see actions that show God's love and goodness and bring Him praise. That's what letting your light shine is all about.

The holiday season is nearly here, starting with Halloween on October 31. This time of the year provides you with multiply opportunities to let the light of God shine through you..

Yes, let your light shine! Live daily showing others that God is good. Dr. J. Vernon McGee concludes, "And in the present age, in this lost world in which you and I live today, our prime motivation should be to bring glory to God. This is something that every Christian should consider very seriously. The aim and purpose of our lives should be to glorify our God."

### Relevant scripture on the issue of Halloween and Christians:

We find clear instructions for Christians, in regards to Halloween and its related activities, in 1 Thess. 5:21-22 *"Prove all things; hold fast that which is good, Abstain from all appearance of evil."*

Ephesians 5:8-10 *"For ye were sometimes darkness, but now are ye light in the Lord: walk as children of light:{For the fruit of the Spirit is in all goodness and righteousness and truth;} Proving what is acceptable unto the Lord. And have no fellowship with the unfruitful works of darkness, but rather reprove them."*

*More verses to look up:* James 1:27, 3 John 1:11, Romans 12:9, Deuteronomy 18:9-14, Ephesians 5:11-12, 1 Timothy 4:1, 1 Corinthians 10:31, Matthew 18:6, Ephesians 6:11-18



## Are You Discouraged on Your Journey?

When I accepted Christ as my Savior, He ordered my steps and set me on a journey through life. His desire was to keep me moving and to bring me closer to His eternal heart.

The most amazing part of my journey is that He goes with me each step of the way. I came across this poem in my files, and it once again reminded me of the importance of staying close to my Guide and His Guidebook on my journey.

### May you feel His presence today as you journey toward home (heaven).

The Father spoke, "Come, child, let us journey together." "Where shall we go, Father?" "To a distant land, another Kingdom." "So will the journey be long?" "Yes, we must travel every day." "When will we reach our journey?" "At the end of your days." "And who will accompany us?" "Joy and Sorrow." "Must sorrow travel with us?" "Yes, she is necessary to keep you close to me." "But I only want Joy." "It is only with Sorrow that you will know true Joy." "What must I bring?" "A willing heart to follow Me." "What shall I do on the journey?" "There is only one thing you must do— "Stay close to Me. Let nothing distract you. Always keep your eyes on Me." "And what shall I see?" "You will see My glory." "And what will I know?" "You will know My heart."

**The Father stretched out His hand. The child, knowing the great love her Father had for her, placed her hand in His, and she began her journey.**

### Things I Must Remember on My Journey

- I must begin each day's journey with a daily commitment to travel toward the heart of God. *Deuteronomy 6:5 And thou shalt love the LORD thy God with all thine heart, and with all thy soul, and with all thy might.*
- Although some of the days on my journey will be discouraging, I must draw near to Him. *Psalms 73:28 But it is good for me to draw near to God: I have put my trust in the Lord GOD, that I may declare all thy works.*
- I must follow His paths of mercy and truth. *Psalms 25:10 All the paths of the LORD are mercy and truth unto such as keep his covenant and his testimonies.*
- I must lay down all my emotional burdens, release old hurts, and learn to travel light.
- I must not get angry with my traveling companions of Joy and Sorrow. *James 1:3 Knowing this, that the trying of your faith worketh patience.*
- I must constantly check with my Guide and follow my Guidebook. *Psalms 40:8 I delight to do thy will, O my God: yea, thy law is within my heart.*

Written By: Mrs. Judy Lewis

## Under His Wings

*"He shall cover thee with His feathers, and under His wings shalt thou trust." Psalm 91:4*

Under His wings I am safely abiding,  
Tho the night deepens and tempests are wild;  
Still I can trust Him-- I know He will keep me,  
He has redeemed me and I am His child.

Under His wings, what a refuge in sorrow!  
How the heart yearningly turns to His rest!  
Often when earth has no balm for my healing,  
There I find comfort and there I am blest.

Under His wings, O what precious enjoyment!  
There will I hide till life's trials are o'er;  
Sheltered, protected, no evil can harm me,  
Resting in Jesus I'm safe evermore.

Under His wings, under His wings,  
Who from His love can sever?  
Under His wings, my soul shall abide,  
Safely abide forever.  
—William O. Cushing

*"For I am persuaded, that neither death, nor life, nor angels, nor principalities, nor powers, nor things present, nor things to come, nor height, nor depth, nor any other creature, shall be able to separate us from the love of God, which is in Christ Jesus our Lord."*  
Romans 8:38-39

